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Ex-Subway pitchman to plead guilty to sex crimes. **World**

Driver critical, dogs safe after highway collision

NORTH PERIMETER

Passersby worked to save pets that were in burning car

Donna Maxwell
For Metro | Winnipeg

A truck driver was in hospital in critical condition yesterday after a morning collision on the North Perimeter, but his two dogs that were travelling with him were safe thanks to passing motorists and employees of Main Line Industries.

Kyle Kostenuk was one of two passing motorists who ran to the eastbound tractor-trailer after it collided with an excavator in front of it at about 8:40 a.m. Wednesday. The truck rolled into the south ditch and caught fire.

Kostenuk said the other man smashed the truck's window and the driver came out immediately. His two dogs were scared but eventually came out as well.

"They didn't want to come out of the cab, if it was any longer they would've been done," Kostenuk said. "It was burning pretty bad."

Both dogs bolted across the Perimeter and into Main Line Industries' lot.

Nancy Schneider, who works in the Main Line office, caught one of the dogs, a black poodle Lab cross she said, and took her inside.

The dog, which Schneider later learned was named Snowballt, had stayed in the truck longer and suffered significant burns.

"I just kept taking a wet, cold tea towel and wiping her down and trying to stop her from being overheated."

Kostenuk, meanwhile, was outside trying to capture the other dog, a medium-sized white dog that Schneider said was named Sasha.

After 45 minutes, a passerby with a collar and leash gave it to Kostenuk and he was able to corral the distressed dog on a service road beside the Perimeter. He'd been chasing it up and down the service road and through a farmer's field.

Schneider called Winnipeg Animal Services and the dogs were picked up and taken to the Winnipeg Humane Society, she said.

RCMP Sgt. Bert Paquet confirmed the driver of the semi collided with the east-bound excavator. He was transported to hospital with serious injuries that were later updated to critical. The driver of the excavator suffered no injuries.

East-bound traffic on the Perimeter was re-routed onto the service road until the afternoon.

Kyle Kostenuk was able to catch Sasha after the dog was loose for about 45 minutes after the crash; A semi rolled into the ditch after hitting an excavator in front of it. DONNA MAXWELL/FOR METRO

IN BRIEF

Smoke, but no fire closes streets around Fairmont

Emergency crews were called to the Fairmont Hotel Wednesday and promptly closed down streets around the building, right in the middle of rush hour.

Several fire trucks were called to the hotel at 2 Lombard Place around 5:30 p.m. for the report of a fire in a 22nd floor mechanical room. The building was evacuated and both Portage Avenue East and Lombard Avenue were closed between Main Street and Westbrook Street.

A spokesperson from the Winnipeg Fire and Paramedic Service said it appears a motor in the room had overheated, causing smoke but no actual fire.

No one was injured and fire crews left the scene after about an hour.

SHANE GIBSON/METRO

Police find 'wallet loser'

Police have closed their probe into a suspicious man who kept "losing" his wallet over the past few weeks. Police received a handful of reports from women the past month who said they'd been out in and around Assiniboine Park and other parts of west Winnipeg when they'd come across a wallet with a significant amount of money in it. After picking it up they all said a suspicious man who'd been lurking nearby would come over and retrieve it. Police say no criminal activity is associated to the incidents. METRO

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Horsing around at the zoo

EQUINE ADDITION

McFeetors Heavy Horse Centre will open Aug. 28

Shane Gibson
Metro | Winnipeg

Assiniboine Park Zoo's newest exhibit aims to take visitors back to a period of Manitoba's history when horses ruled daily life.

The McFeetors Heavy Horse Centre — a 4.7-acre year-round home for four Percheron horses complete with a huge barn, pasture, paddocks and a carriage shed — will officially open to the public Aug. 28.

"In the first half of the last century, horses were ubiquitous in the three prairie provinces. There were over a million of them," said former Great-West Lifeco CEO and chairman Ray McFeetors, whose $2 million donation helped to get the project off the ground.

"When I was growing up it was right at the end of the heavy horse era but I do remember them… and I thought this would be a neat thing to do to perpetuate the heavy horse era in Manitoba."

McFeetors, who grew up in rural Manitoba, said he can remember when heavy horses were used for everything from getting kids to and from school to making deliveries before they were replaced by combustion engines.

The zoo's director of zoological operations, Dr. Brian Joseph, said the exhibit will teach visitors about the province's pioneer era when heavy horse power was relied on for agriculture, forestry, mining, and road construction.

"It's an animal that helped develop Manitoba," he said.

DETAILS

As well as seeing the horses graze in the paddock, visitors can also take horse-drawn wagon rides around the park in the summer, and sled rides through the winter months for $3.

Two Percheron steeds take a group of media members for a tour around the park. SHANE GIBSON/METRO

The team takes a break from wagon rides. RIGHT: Former Great-West Lifeco CEO and chairman Ray McFeetors looked like a happy cowboy Wednesday as he helped the zoo show off its new exhibit. SHANE GIBSON/METRO

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JOEY'S RESTAURANTS

Mayor Brian Bowman acknowledges the website established to support his anti-racism summit was bound to attract ignorant commenters. SCREENGRAB

Anti-racism site brings out racists

POLITICS

Summit page also generates ideas to reduce discrimination

Elisha Dacey
Metro | Winnipeg

One day after Mayor Brian Bowman announced details for an anti-racism summit in Winnipeg, racist comments appeared on a website dedicated to the announcement.

"Young aboriginals need to be discouraged from having children until they are secure (educated & employed)," reads one anonymous comment on 1winnipeg.ca. "I get frustrated over seeing intoxicated aboriginals stumbling around downtown.... It is not justified to say I am racist."

"I have lived in Wpg. all my life and have not felt the racism against the white people like you get from the Pilipino (sic) people," reads another.

"We welcomed them to our country with open arms and they refuse to speak the English language even the ones born here."

Bowman announced the summit, slated to happen Sept. 17 to 18, at the Canadian Museum for Human Rights on Tuesday, and he acknowledged the site would likely attract these kinds of comments.

"But that's why (the summit) is important, to start this discussion."

Plenty of ideas have also popped up on the site.

One aboriginal man suggested a day a few times a year where people of all races could gather to talk about their backgrounds. "It would be a day where you could bring your family and friends to get to know people of all other ethnic groups and learn about their way of life."

"A small thing we can teach our children, both at home and at school, is not to laugh at racist jokes," reads another.

"I would raise awareness by adding culturally based advertising, which is rarely seen in our city, holding a Pro-Acceptance forum, and staging a One Winnipeg convention annually," said a third.

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MENTAL HEALTH

Marymound to get six new youth beds

Donna Maxwell
For Metro | Winnipeg

Six new beds at Marymound for youth with complex needs are an important step in stopping the exploitation, and even deaths, of the province's at-risk girls, says the facility's CEO.

"There are a group of kids involved in child welfare whose needs are so complex and so challenging that they always completely challenge the system's capacity to meet their needs," said Jay Rodgers, CEO of Marymound.

"That's a quote from the Office of the Children's Advocate and it is those kids we really intend to serve in this first phase of this new program."

Family Services Minister Kerri Irvin-Ross announced the $2-million new secure treatment facility at Marymound Wednesday morning.

She used the announcement to pay tribute to Tina Fontaine, who was murdered a year ago after running away from foster care.

"Today's announcement is an acknowledgement of building a better system, of our responsibility of facing the issues that are facing today's youth and their families," Irvin-Ross said.

Josie Hill, a founding member of Ma Mawi and a new venture called Blue Thunderbird Family Care, said the additional beds and accompanying care are vital to helping "very vulnerable kids."

"This is really a group of kids that are seeing far too much hurt, far too much sadness in their life," Hill said.

"These girls are warriors, they have survived all kinds of things. They deserve our respect, they deserve our care, they deserve our love."

The beds will open in September and care for up to six youths at a time, and will focus on addressing their mental-health issues.

The facility will use holistic wrap-around programming to meet a range of therapeutic and residential treatment needs.

josie Hill, founder of a new venture called Blue Thunderbird Family Care, is encouraged the new youth beds will help the city's at-risk children. DONNA MAXWELL/FOR METRO

American comedian Eddie Pepitone will be all along south Osborne next week, appearing in multiple shows. CONTRIBUTED

'I think my comedy is a lesson in infinite rage'

BACKSTAGE PASS

Standup vet Eddie Pepitone to appear at Oddblock

Jared Story
For Metro | Winnipeg

Eddie Pepitone has been in the comedy business for more than 30 years, but only recently has the brilliance of the Bitter Buddha become widely recognized.

A true comic's comic, the 56-year-old actor and standup comedian toiled in obscurity for a couple decades. However, in 2009, Pepitone made an appearance on WTF with Marc Maron, which resulted in more appearances on the popular podcast, his impassioned rants a hit with listeners.

DETAILS

- Eddie Pepitone appears in five shows during the Oddblock Festival, which runs Aug. 27 to 30 in six venues along south Osborne Street.
- Tickets for individual shows are $20, with festival passes available for $70 and VIP passes for $130.
- For a full lineup and tickets, go to oddblock.ca.

"A lot of people saw me who never saw me, including a filmmaker named Steven Feinartz, who did the documentary on me," said Pepitone, speaking of the 2013 documentary The Bitter Buddha.

"I don't think I particularly changed that much except that my voice was heard more. Because I was never a big club guy, I always seemed to go under the radar. My act isn't that conducive to mainstream network television, so I had to be found in different ways."

While he's an absolute beast onstage, Pepitone says his outraged style comes from a place of self-doubt. He says when he first started standup, he would often throw up before going on stage.

"If I adopt the loud New Yorker guy, then it helps me deal with that anxiety," said Pepitone, who grew up on Staten Island.

As enraged as Pepitone is in his act, his onstage temperament is also extremely self-effacing.

"I think my comedy is a lesson in infinite rage. I make fun of the fact I'm so rageful and I also acknowledge how powerless and flawed I am," he says.

While he's finally found an audience for his amusing anger, Pepitone says he still sees some stunned faces in the crowd.

"I'll look at someone and go, 'Ma'am, what are you doing here? You don't need this. Your life is probably very nice. You have throw pillows with things written on them. Why are you here?'"

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Public servants on list of leaked names

ASHLEY MADISON

If data turns out to be valid, Ottawa is top city for cheaters

The apparent email addresses of hundreds of Canadian federal, provincial and municipal government employees are contained in a massive leaked list of names purported to be users of Ashley Madison, a matchmaking website for cheating spouses.

Ashley Madison does not send verification emails, meaning the accounts might not belong to actual users of the site and could simply be the work of disgruntled tricksters. Further, the data goes back to 2004, suggesting some email addresses may no longer be operational.

In a statement, Toronto-based Ashley Madison's parent company, Avid Life Media, said it was actively monitoring and investigating the leak to determine the validity of any information posted online.

It did not immediately respond to a question about why people can register for Ashley Madison with unverified or fake email addresses.

Federally, more than 170 addresses associated with the Canadian Armed Forces are on the list, and hundreds more from other departments and agencies, including justice, public works, the Canada Revenue Agency and the RCMP.

At least one MP was registered by name. Several email addresses attached to the Senate were registered although not under any sitting senators' names.

According to data on Ashley-Madison.com, there were more than 55,000 users on the website living in Ottawa in 2013, making it the most infidelity-friendly city in Canada.

Hackers leaked the list after claiming Ashley Madison refused to bow to their demands to close the site.

THE CANADIAN PRESS

Ashley Madison's Korean website in Seoul.

LEE JIN-MAN/THE ASSOCIATED PRESS FILE

RELATIONSHIPS

Infidelity a bigger issue: Therapist

Cheating can devastate any relationship — but what to do with the remnants?

If your spouse or partner might be cheating, confront, talk and be honest, "but not in an accusatory way," says relationship expert Kimberly Moffit, who heads KMA Therapy in Toronto.

Cheating is a symptom of an underlying problem, she said — if you want to remain a couple, solve that.

"Just because they signed up for a site, it doesn't necessarily mean they had a physical affair," she added, but that's beside the point.

Whether to believe one's partner actually cheated would depend on individual situations, but a person's name being on Ashley Madison is in itself a problem, Moffit said.

Often, cheating — or the intention to cheat — is a result of neither party putting effort into a relationship or a series of unresolved disagreements, she said. TORSTAR NEWS SERVICE

DATA HACKS

Corporate security inadequate: Expert

Canadians are clueless about the vast majority of corporate data hacks because the cost of revealing a breach hits companies' bottom lines harder than keeping consumers in the dark.

Wednesday's cyber attack on Toronto's infidelity dating site Ashley Madison shone a spotlight on a risk that usually lurks in the shadows due to a lack of legal incentives to report hacks.

"The security at Canadian organizations today is inadequate," said Claudiu Popa, CEO of cyber security firm Informatica Corp.

"In Canada, we don't have a law that is prescriptive enough to tell companies that they absolutely need to buy this or that type of technology."

Sometimes, he said, companies don't even know they've been targeted. TORSTAR NEWS SERVICE

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Harper sidesteps questions on Novak

FRAUD TRIAL

Still unclear if former aide will be fired

Conservative Leader Stephen Harper is staying mum on the fate of Ray Novak after court testimony that his top aide had direct knowledge of the secret payment to cover Mike Duffy's disputed expenses.

Pressed about the issue Wednesday during a campaign stop in London, Ont., Harper sidestepped media questions about what Novak knew and whether his long-time confidante still has his support.

"I'm certainly not going to comment on matters that are part of an ongoing court case," Harper told reporters.

On Tuesday, Duffy's fraud and breach of trust trial heard that Novak was in the room when Nigel Wright, at the time Harper's chief of staff, first told the prime minister's lawyer Ben Perrin that he intended to give the embattled senator $90,000 to repay the expenses.

That statement contradicts the Conservative party's version of events — that Novak was not in the loop on Wright's decision to personally pay Duffy's expenses.

The latest revelation puts a spotlight on Novak, who was promoted to chief of staff after Wright was forced out when his payment to Duffy became public in 2013.

Stephen Harper's chief of staff Ray Novak watches the prime minister speak to members of Caucus on Parliament Hill in May 2013. ADRIAN WYLD/THE CANADIAN PRESS FILE

It also raises fresh questions about what Harper himself knew about the deal. The Conservative leader has repeatedly said he had no knowledge that Wright himself had covered Duffy's costs.

Harper refused to respond to direct questions about whether Novak had his support and would remain involved in the ongoing election campaign.

Both the Liberals and New Democrats are calling on Harper to fire Novak and on Wednesday, Liberal leader Justin Trudeau urged the Conservative leader to "come clean" on the affair.

NDP Leader Thomas Mulcair also took aim Harper, saying the fact that Novak knew about the deal makes it certain that the Conservative leader also must have known.

"One plus one equals two. Now we know that Mr. Novak knew so we can conclude that Mr. Harper also knew so I think it's high time he started to tell the truth," Mulcair said.

TORSTAR NEWS SERVICE

ELECTION 2015

Trudeau promises flexible work hours

Under a Liberal government, one million employees would have the right to request flexible work hours to help them balance the demands of work and family, Justin Trudeau said Wednesday.

Trudeau told a Winnipeg rally that, if elected this fall, his party would ensure all employees covered by federal labour law would have the legal right to ask their bosses for flexibility in their workday start and finish times, as well as the ability to work from home.

"The way Canadians work is changing. The way Canadians live is changing," he told about 200 supporters. "It's about recognizing that we can increase the productivity for Canadians and protect their quality of life in a way that will grow the economy."

A Liberal government would amend the Canada Labour Code and would also work with provincial and territorial governments to put the same rights into their own labour legislation, Trudeau said.

While employees would have the right to ask for more flexible work hours, there is nothing in the Liberal plan that would require employers to grant the request. "The employee is allowed to ask and the employer needs to formally respond in writing to that request," Trudeau said.

A similar plan in the United Kingdom has shown that about 80 per cent of requests from employees for changes in work hours are eventually granted, he added.

But NDP Leader Tom Mulcair called the proposal "wanting" and wouldn't say whether his party would support a similar initiative.

"You're going to be allowed to ask for flexible hours but your employer can say no," Mulcair said during a stop in Surrey, B.C. "Well, that's already the case today so I'm not too sure what they announced, to be honest with you."

Dan Kelly, president of the Canadian Federation of Independent Business, said it's not clear what the Liberal proposal would accomplish. Informal requests are made by employees across Canada already and are granted, he said.

THE CANADIAN PRESS

WHERE THE LEADERS ARE TODAY

- **Justin Trudeau** will be in Victoria, B.C., to make an announcement.
- **Tom Mulcair** will be in Vancouver and will attend a rally in Winnipeg.
- **Elizabeth May** will attend a concert in Brentwood Bay, B.C.

Stephen Harper's itinerary was unavailable.

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TURKEY SPEAKING OUT AGAINST VIOLENCE A man protesting Turkey's operations against Kurdish militants holds a sign that says "Peace Block," in Istanbul on Wednesday. There has been a sharp escalation of violence between Turkey's security forces and the Kurdistan PKK, along with the collapse of a two-year peace process with the rebels. CAGDAS ERDOGAN/THE ASSOCIATED PRESS

UN says Yemen close to famine

MIDDLE EAST

Conflict, blocked ports leading to 'perfect storm'

The war in Yemen has pushed the country to the brink of famine, with both commercial food imports and aid deliveries held up by the fighting and millions of hungry women and children facing possible starvation, the United Nations said Wednesday.

Ertharin Cousin, head of the UN's World Food Program, said that while some food aid is flowing in, fighting around major ports is stalling deliveries, while reaching the country's interior is proving difficult and donor funding is still falling short.

"If we do not receive the additional access that is required to meet the needs of those who are affected by this ongoing conflict, if we cannot support the commercial markets by ensuring that the ports are open and providing food to ensure that those who have resources can buy the food that is necessary, and if we do not see increased donor support, we are facing the perfect storm in Yemen," she told reporters in Cairo.

Cousin was in Cairo following a three-day trip to Yemen. The WFP says all sides in the conflict must approve food deliveries.

UN humanitarian chief Stephen O'Brien, who also just returned from Yemen, told the UN Security Council he was shocked by what he saw: Four out of five Yemenis are in need of humanitarian assistance, nearly 1.5 million people are internally displaced, and people were using cardboard for mattresses at a hospital where lights flickered, the blood bank had closed and there were no more examination gloves.

Yemen's conflict pits Shiite rebels, known as Houthis, and troops loyal to former President Ali Abdullah Saleh against southern separatists, local and tribal militias, Sunni Islamic militants and troops loyal to President Abed Rabbo Mansour Hadi, who is in exile in Saudi Arabia.

"The scale of human suffering is almost incomprehensible."
Stephen O'Brien

The humanitarian situation has steadily deteriorated since the fighting picked up in March, when Saudi Arabia launched a U.S.-backed coalition air campaign against Houthi forces and their allies, which control large swaths of the country, including the capital.

Saudi Arabia views the Houthis as a proxy of its arch rival, Shiite powerhouse Iran, and an attempt to expand its influence on the Arabian Peninsula. Iran supports the Houthis politically but denies arming them. THE ASSOCIATED PRESS

DIPLOMACY

Republicans outraged that Iran can inspect own nuclear site

Iran will be allowed to use its own inspectors to investigate a site it has been accused of using to develop nuclear arms, operating under a secret agreement with the U.N. agency that normally carries out such work, according to a document seen by The Associated Press.

The revelation on Wednesday newly riled Republican lawmakers in the U.S. who have been severely critical of a broader agreement to limit Iran's future nuclear programs, signed by the Obama administration, Iran and five world powers in July. Those critics have complained that the wider deal is unwisely built on trust of the Iranians, while the administration has insisted it depends on reliable inspections.

A skeptical House Speaker John Boehner said, "President Obama boasts his deal includes 'unprecedented verification.' He claims it's not built on trust. But the administration's briefings on these side deals have been totally insufficient — and it still isn't clear whether anyone at the White House has seen the final documents."

International inspections should be done by international inspectors. Period.
House Foreign Affairs Committee Chairman Ed Royce

Said House Foreign Affairs Committee Chairman Ed Royce: "International inspections should be done by international inspectors. Period."

The newly disclosed side agreement, for an investigation of the Parchin nuclear site by the U.N.'s International Atomic Energy Agency, is linked to persistent allegations that Iran has worked on atomic weapons. That investigation is part of the overarching nuclear-limits deal.

Evidence of the inspections concession is sure to increase pressure from U.S. congressional opponents before a Senate vote of disapproval on the overall agreement in early September. If the resolution passes and President Barack Obama vetoes it, opponents would need a two-thirds majority to override it. Even Senate Majority Leader Mitch McConnell, a Republican, has suggested opponents will likely lose a veto fight, though that was before Wednesday's disclosure.

John Cornyn of Texas, the second-ranking Republican senator, said, "Trusting Iran to inspect its own nuclear site and report to the U.N. in an open and transparent way is remarkably naive and incredibly reckless. This revelation only reinforces the deep-seated concerns the American people have about the agreement."

The Parchin agreement was worked out between the IAEA and Iran. The United States and the five other world powers were not party to it but were briefed by the IAEA and endorsed it as part of the larger package. THE ASSOCIATED PRESS

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Subway spokesman to plead guilty to sex crimes

CHILD PORNOGRAPHY

Jared Fogle could face up to 30 years in prison

Longtime Subway pitchman Jared Fogle agreed Wednesday to plead guilty to allegations that he paid for sex acts with minors and received child pornography in a case that destroyed his career at the sandwich-shop chain and could send him to prison for more than a decade.

Prosecutors allege that Fogle knew the pornography had been secretly produced by the former director of his charitable foundation, which sought to raise awareness about childhood obesity and arranged for Fogle to visit schools and urge children to adopt healthy eating and exercise habits.

Authorities reviewed tens of thousands of text messages and emails as part of their investigation into Fogle, who used "wealth, status and secrecy" to exploit children, U.S. Attorney Josh Minkler said.

A tight-lipped Fogle sat in federal court with his hands clasped and quietly answered "no" when the judge asked whether he had any questions about his rights. He is expected to enter the formal plea at a later date to one count each of travelling to engage in illicit sexual conduct with a minor and distribution and receipt of child pornography.

Former sandwich spokesman Jared Fogle leaves his home in Zionsville, Ind., last month.
MICHAEL CONROY/THE ASSOCIATED PRESS FILE

$1.4 million

The amount Jared Fogle will pay in restitution to his victims — $100,000 each.

The agreement released by prosecutors said Fogle will pay $1.4 million in restitution to 14 minor victims, who will each receive $100,000. He will also be required to register as a sex offender and undergo treatment for sexual disorders.

The government agreed not to seek a sentence of more than 12 1/2 years in prison, and Fogle agreed not to ask for less than five years, according to court documents.

> **Fogle knows that restitution can't undo the damage that he's done, but he will do all in his power to try to make it right.**
> Defence attorney Jeremy Margolis

Federal judges have wide discretion in sentencing. The child-porn charge carries a maximum penalty of 20 years in prison. The count involving sex with a minor is punishable by up to 30 years.

Fogle "knows that restitution can't undo the damage that he's done, but he will do all in his power to try to make it right," defence attorney Jeremy Margolis told reporters.

The married father of two, he added, has a "medical problem" and "expects to get well," but he did not elaborate.

Fogle, 37, became Subway's pitchman after shedding more than 200 pounds as a college student, in part by eating the chain's sandwiches. He was the public face of the company for more than 15 years — a period in which its number of locations tripled, making Subway the world's largest restaurant chain.

Subway suspended the partnership in July after agents raided his home in the affluent Indianapolis suburb of Zionsville, and the chain said this week that it had ended its relationship with Fogle.

Federal prosecutors allege in the documents that Fogle travelled to pay for sex acts, including with minors, from 2007 until as recently as June and that he repeatedly planned business trips to coincide with his sexual pursuits.

Fogle is accused of having sex with two 16-year-old girls at hotels in New York City. One of the girls told investigators she had sex with Fogle three times in November 2012, when she was 16, and again two months later, when she was 17.

The girl told Fogle her age when they first met, according to the documents.

After that meeting, Fogle allegedly texted the girl and offered to pay her a fee if she could find him another underage girl to pay for sex acts.

During these discussions, Fogle "stated that he would accept a 16-year-old girl, while stating that the younger the girl, the better," the documents said. THE ASSOCIATED PRESS

OSCAR PISTORIUS

Early release denied

Two days before he was due to leave prison, Oscar Pistorius's early release was suddenly put on hold Wednesday by South Africa's Department of Justice, which sent his case back to a parole board.

It was unclear when the board would be able to meet again, justice department spokesman Mthunzi Mhaga said, but it was unlikely a new decision could be made by Friday's initially planned release date.

Pistorius, the double-amputee Olympic runner, is serving a five-year sentence for manslaughter for killing girlfriend Reeva Steenkamp in 2013. He was eligible to be moved from jail to house arrest after serving one-sixth of that sentence, or 10 months, which is up on Friday.

Wednesday would also have been Steenkamp's 32nd birthday, and her parents earlier held a beachside ceremony in their hometown of Port Elizabeth on South Africa's south coast.

In blocking Pistorius's release, the justice department said he was approved for home correctional supervision by parole officials in June, only eight months into his sentence. By law he should have served 10 months of his sentence before his case could be reviewed, the department said.

"It is apparent therefore that the decision to release him on 21 August 2015 was made prematurely on 5 June 2015 when the offender was not eligible to be considered at all," the justice department said in a statement.

Spokesman Mhaga said "the decision of the parole board will have to be suspended" until the board can meet again for a fresh hearing. Justice minister Michael Masutha would now study Pistorius's "profile" and the original parole board decision, the department said.

The earliest the board could now meet again would be Friday.

Pistorius's lawyer, Brian Webber said "we're considering our position."

Pistorius's family accepted the decision but was also considering their options, spokeswoman Anneliese Burgess said.

The star athlete was acquitted of murder at his dramatic trial last year, but convicted of a lesser charge of culpable homicide, comparable to manslaughter, for shooting Steenkamp multiple times through a closed toilet door in his home. THE ASSOCIATED PRESS

THAILAND

'Foreigner' sought as bomber suspect

A police manhunt was underway Wednesday for an "unidentified foreign man" shown in a security video leaving a backpack at a popular Bangkok shrine just minutes before a bomb exploded there.

Two other people seen on the video near the man are also considered suspects in Monday's deadly bombing, police said.

Authorities released a sketch of the man who left behind the backpack and offered a 1 million baht ($37,000) reward for information leading to his arrest. But apart from the rough portrait, they had few solid leads in Monday's bombing at the Erawan Shrine that killed 20 people and wounded 120 others.

At a news conference, Prawut expressed uncertainty about the man's origin, saying the suspect "looks like a foreigner" but "might have been in a disguise and wearing a fake nose" to conceal his identity. THE ASSOCIATED PRESS

IN BRIEF

Man arrested for bomb hoaxes in New York

Federal authorities say they've arrested a man for making a hoax bomb threat to "blow up" the Statue of Liberty in April, resulting in an evacuation of Liberty Island. They say the man has been held in Texas.

A complaint filed Wednesday in federal court in New York says Jason Paul Smith also made calls threatening to kill police officers at the Brooklyn Bridge and to bomb Times Square. THE ASSOCIATED PRESS

SAUDI ARABIA

Emergency ward closed due to MERS

Saudi authorities closed an emergency ward in one of the kingdom's largest hospitals after at least 46 people, including hospital staff, contracted the potentially fatal Middle East respiratory syndrome, also known as MERS, a health official said Wednesday.

Dr. Hanan Balkhi of the Health Ministry's department for infectious diseases said that of the 46 people infected at King Abdulaziz Medical City in the capital, Riyadh, 15 were medical staff. Another 20 people showing symptoms are being tested, she added.

The patients from the ward, set to remain closed for two weeks, are being transferred to other hospitals, she said.

The Health Ministry recorded three new MERS deaths in Riyadh on Wednesday. The victims were all Saudi males ranging in age from 65 to 86, according the ministry's website. That brings the total number of deaths to 483 since the virus was first identified in 2012. THE ASSOCIATED PRESS

ISIL beheads archeologist

SYRIA

81-year-old scholar hid treasures of ancient town

The 81-year-old antiquities scholar had dedicated his life to exploring and overseeing Syria's ancient ruins of Palmyra, one of the Middle East's most spectacular archeological sites. He even named his daughter after Zenobia, the queen that ruled from the city 1,700 years ago.

That dedication may have cost him his life. On Wednesday, relatives and witnesses said Khaled al-Asaad was beheaded by Islamic State of Iraq and the Levant (ISIL) militants, his bloodied body hung on a pole in a main square.

Antiquities officials said they believed ISIL militants had interrogated al-Asaad, a longtime director of the site, trying to get him to divulge where authorities had hidden treasures secreted out of Palmyra before the extremists seized the ruins last spring.

The brutal killing stunned Syria's archeological community and underscored fears the extremists will destroy or loot the 2,000-year-old Roman-era city on the edge of a modern town of the same name, as they have other major archeological sites in Syria and Iraq.

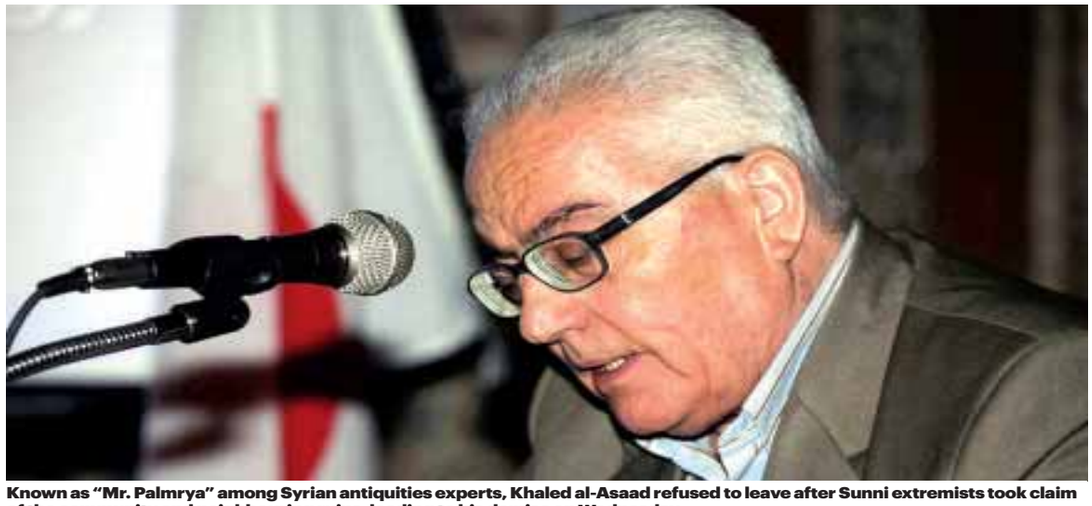
"We have lost not just a scholar of archeology but one of the pillars of archeology in the 20th century," said Ahmad Ferzat Taraqji, a 56-year-old antiquities expert and friend of the victim.

The Sunni extremists, who have imposed a violent interpretation of Islamic law across the territory they control in Syria and Iraq, claim ancient relics promote idolatry and say they are destroying them as part of their purge of paganism — though they are also believed to sell off looted antiquities, bringing in significant sums of cash.

Known as "Mr. Palmyra" among Syrian antiquities experts for his authoritative knowledge and decades administering the site, al-Asaad refused to leave even after ISIL militants captured the town and neighbouring ruins in May.

Al-Asaad had been in charge of Palmyra's archeological site for four decades until 2003, when he retired, according to Syria's state news agency SANA. He then worked as an expert with the Antiquities and Museums Department.

THE ASSOCIATED PRESS



Known as "Mr. Palmrya" among Syrian antiquities experts, Khaled al-Asaad refused to leave after Sunni extremists took claim of the community and neighbouring ruins, leading to his demise on Wednesday. SANA VIA THE ASSOCIATED PRESS

> **We have lost not just a scholar of archeology but one of the pillars of archeology in the 20th century.**
> Ahmad Ferzat Taraqji

TURKEY

Officer injured as assailants open fire

Turkish police arrested two people Wednesday after a hand grenade was hurled and shots were fired at officers guarding Istanbul's Dolmabache Palace, an Ottoman-era palace that is a major tourist attraction, the Istanbul governor's office said.

One police officer was slightly injured, according to the country's state-run news agency.

Later Wednesday, at least eight Turkish soldiers were killed by a roadside bomb detonated by Kurdish rebels in Turkey's mainly Kurdish southeast region, the military said.

Police apprehended two people in an area close to the palace and seized two hand-grenades, an automatic rifle, a hand gun and a large amount of ammunition, a statement from the Istanbul governor's office said. It did not identify the suspects or give a motive for the attack.

However, the state-run Anadolu Agency said the two assailants are members of the outlawed leftist group the Revolutionary People's Liberation Army-Front, or DHKP-C.

THE ASSOCIATED PRESS

BACKGROUND

The attacks come amid a sharp rise in violence between Turkey's security forces and the Kurdish rebels, and as Turkey has been conducting operations against the Islamic State of Iraq and the Levant among others.

THE ASSOCIATED PRESS

INDIA

Two brothers kill sister over affair with her cousin

Two brothers in northern India beheaded their teenage sister and carried her head through their village because they disapproved of her romantic relationship with a cousin, police said Wednesday.

At least a dozen people watched as 17-year-old Phool Jehan was dragged out of her house, beaten and beheaded by her brothers late Monday, but they did not inform the police, Officer Rajesh Singh said. The crime was reported by a local security guard.

Police have not found the two brothers. Their ages were not clear, but they were both older than their sister.

After beheading Jehan, Nanhe and Gul Hasan left their sister's body in the street and roamed around the village with her head, shouting that they were against the relationship, Singh said.

Honour killings are common across India, but such brutal slayings are extremely rare.

As India modernizes rapidly, it finds itself in the midst of huge social turmoil as young people challenge accepted social norms.

As more people attempt to break from tradition, they face backlash, often violent, especially in rural areas.

India also is considered one of the harshest places in the world for women, with female infanticide and child marriage still common.

While the brothers are on the run, police have detained Jehan's cousin to question him, said B. Kumar, another police officer.

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GAY BASH! 9:30PM - 11:00PM | $20 JAMES ADOMIAN RHEA BUTCHER JESS SALOMON CHANTEL MAROSTICA ASHLEY MOFFAT	**OH NO YOU DIDN'T!** 10:00PM - 11:00PM | $10 EDDIE PEPITONE CHRIS CUBAS AMBER DANIELS JOHN B. DUFF MATT NIGHTINGALE	**ODDBALLS** 10:30PM - 11:45PM | $10 RANDY LIEDTKE PAT THORNTON RON LYNCH TIM GRAY DAN ROBERTSON BRENDON WALSH HOST: JORDAN WELWOOD	**TYLER PENNER'S PIZZA PARTY ROUND 1** 10:30PM - 11:30PM | $10 TYLER PENNER DAN GLASSWICK NATALIE NORMAN AMY BUGG ANDY NOBLE ASHLEY MOFFAT	**TWO'S LINE IS IT ANYWAY? IMPROV SHOW** 10:15PM - 11:15PM | $10 RYAN MCMAHON RYAN ASH HOST: CAITLIN CURTIS HOST: STEPHEN SIM	
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THE PARK THEATRE	LUXALUNE	DESEO BISTRO	VERA PIZZERIA	MONTICCHIO	PARK ALLEYS
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LADY KILLERS 9:30PM - 11:00PM | $20 MICHELLE BUTEAU KAREN KILGARIFF AMY BUGG DANA SMITH RHEA BUTCHER AMBER DANIELS JESS SALOMON HOST: AISHA ALFA	**ALTERED STATE** 10:00PM - 11:30PM | $10 BEN KRONBERG PAT THORNTON PAUL RABLIAUSKAS ANDY WOOD TYLER PENNER CHRIS CUBAS HOST: JOHN B. DUFF	**BRENDON WALSH AND FRIENDS** 10:30PM - 11:30PM | $10 BRENDON WALSH BENJAMIN WALKER AMY BUGG DAN ROBERTSON HOST: JESS SALOMON	**BADDABING! BADDABOOM!** 9:30PM - 10:30 | $10 THIS SURPRISE SHOW'S LINE-UP IS SUPER SECRET. THE SMALLEST SHOW WITH THE BIGGEST... SECRET	**MONTI'S FLYING CIRCUS** 10:15PM - 11:15PM | $10 MIKE GREEN DAN GOLDBERG RYAN MCMAHON JARED STORY BEN KRONBERG ASHLEY MOFFAT	
TOMORROW! SHOW 12:00AM - 1:30AM | $20 RON LYNCH EDDIE PEPITONE BRENDON WALSH BEN KRONBERG TIM GRAY RANDY LIEDTKE THE ROLO TONYS	**SUNDAY NIGHT AT THE PARK THEATRE**			**SUNDAY NIGHT AT LUXALUNE**	
	IMAGINARY RADIO 7:00PM - 8:30PM | $20 HOST: DRENNON DAVIS GUY BRANUM, DANA SMITH, JAMES ADOMIAN, RON LYNCH, KAREN KILGARIFF	**CLOSING GALA** 9:30PM - 11:00PM | $20 JAMES ADOMIAN CHRIS CUBAS BEN KRONBERG PAT THORNTON HOST: JOHN B. DUFF		**THE WINNIPEG SHOW** 6:00PM - 7:30PM | $10 JORDAN WELWOOD, AISHA ALFA PAUL RABLIAUSKAS, CHANTEL MAROSTICA, TYLER PENNER, RYAN ASH DAN GLASSWICK	**BATTLE ROYALE** 8:00PM - 9:00PM | $10 HOST: MIKE GREEN TEAMS OF COMEDIANS IMPROVISED STAND-UP SETS FUN. LAUGHS. BLOODSHED

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Germany OKs bailout

GREECE

Yes vote comes in nick of time for Thursday's debt deadline

Germany's parliament overwhelmingly approved a third bailout for Greece on Wednesday, removing the last hurdle to providing new loans to the country and keeping it from defaulting on its debts in as little as 24 hours.

The vote's result also dispelled speculation that Chancellor Angela Merkel would have difficulty getting her conservative bloc to sign on. Lawmakers voted 453-113 in favour, with 18 abstentions.

Along with an approval from the Dutch parliament, the German vote means Greece is cleared by European states' parliaments to get the first instalment of its new 86-billion-euro ($95 billion US) three-year package of loans. The country needs the cash to make a debt repayment Thursday.

The German parliamentary approval was never in doubt, but in a similar vote last month, 60 members of Merkel's conservative bloc voted against.

Some local media had speculated that as many as double that could rebel this time as Germans are increasingly skeptical about giving Greece more money, but in the end only 63 from her bloc of 311 voted against.

German Finance Minister Wolfgang Schaeuble, a senior member of Merkel's Christian Democratic Party who has been one of the harshest critics of Greece, may have helped the cause, as he lobbied hard ahead of the vote for the passage of Greece's third bailout in five years.

Schaeuble told lawmakers that while voting in favour of the bailout wasn't an easy decision for him, approval of the three-year loan package is "in the interest of Greece and the interest of Europe."

Germany is the largest single contributor to the bailouts, and many in Schaeuble's party remain skeptical. Merkel's coalition partner, the Social Democrats, and the opposition Greens also backed the deal.

In the Netherlands, a majority of lawmakers also gave its backing to the new Greek rescue after a heated debate in which Prime Minister Mark Rutte was attacked for reneging on an election pledge to not approve another bailout for Greece.

THE ASSOCIATED PRESS

People stroll past a souvenir shop in central Athens, Wednesday, a day before payment is due.
PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

> **If Greece stands by its obligations ... then the economy can grow again.**
> German Finance Minister Wolfgang Schaeuble

NEW BRUNSWICK

Refinery plans big project

Canada's largest oil refinery will announce details this week of what it calls the largest maintenance project in the company's history.

A notice from Irving Oil says the project, which will be revealed Thursday in Saint John, N.B., will be one of the largest private-sector investments in Canada this year.

Premier Brian Gallant has been hinting for days that a major announcement is coming that could create thousands of jobs in southwestern New Brunswick.

"Anything that will help us create jobs, whether it's in the short term or the long term, is welcome as long as it's done in the right way," he said.

Gallant said the Irving project is private-sector investment, without government funding.

The Irving Oil refinery opened in 1960 and produces more than 300,000 barrels of refined product each day.

The facility has been upgraded numerous times, including a $1.5-billion project in 2000.

THE CANADIAN PRESS

PHARMACEUTICALS

Female aphrodisiac gets FDA clearance

The U.S. Food and Drug Administration has approved the first prescription drug designed to boost sexual desire in women, a milestone long sought by a pharmaceutical industry eager to replicate the blockbuster success of impotence drugs for men.

But stringent safety measures on the daily pill called Addyi mean it will probably never achieve the sales of Viagra, which has generated billions of dollars since the late 1990s.

> **This is not a drug you take an hour before you have sex.**
> Sex therapist Leonore Tiefer

The drug's label will bear a boxed warning — the most serious type — alerting doctors and patients to the risks of dangerously low blood pressure and fainting, especially when the pill is combined with alcohol. The same problems can occur when taking the drug with other commonly prescribed medications, including antifungals used to treat yeast infections.

Under an FDA-imposed safety plan, doctors will only be able to prescribe Addyi after completing an online certification process that requires counselling patients about Addyi's risks. Pharmacists will also need certification and will be required to remind patients not to drink alcohol while taking the drug.

Opponents of Sprout Pharmaceutical's drug say it's not worth the side effects, which also include nausea, drowsiness and dizziness. They point out that the FDA rejected the drug twice, in 2010 and 2013, due to these risks.

"This is not a drug you take an hour before you have sex. You have to take it for weeks and months in order to see any benefit at all," said Leonore Tiefer, a psychologist and sex therapist who organized a petition last month calling on the FDA to reject the drug.

The search for such a pill was pursued and later abandoned by Pfizer, Bayer and Procter & Gamble, among others. Drugs that act on blood flow, hormones and other biological functions all proved ineffective. Addyi, known generically as flibanserin, is the first drug that acts on brain chemicals that affect mood and appetite.

THE ASSOCIATED PRESS

IN BRIEF

USDA seeking bids from bird-flu vaccine makers
The U.S. Department of Agriculture is taking bids from animal-health companies for a bird-flu vaccine, saying it is preparing for the possible return this fall of the H5N2 virus that resulted in the death of 48 million birds.
THE ASSOCIATED PRESS

B.C. oysters recalled
Oysters harvested from B.C. coastal waters on or before Tuesday and sold for raw consumption are being recalled because they may contain unacceptable levels of a bacterium called Vibrio parahaemolyticus.
THE CANADIAN PRESS

market minute

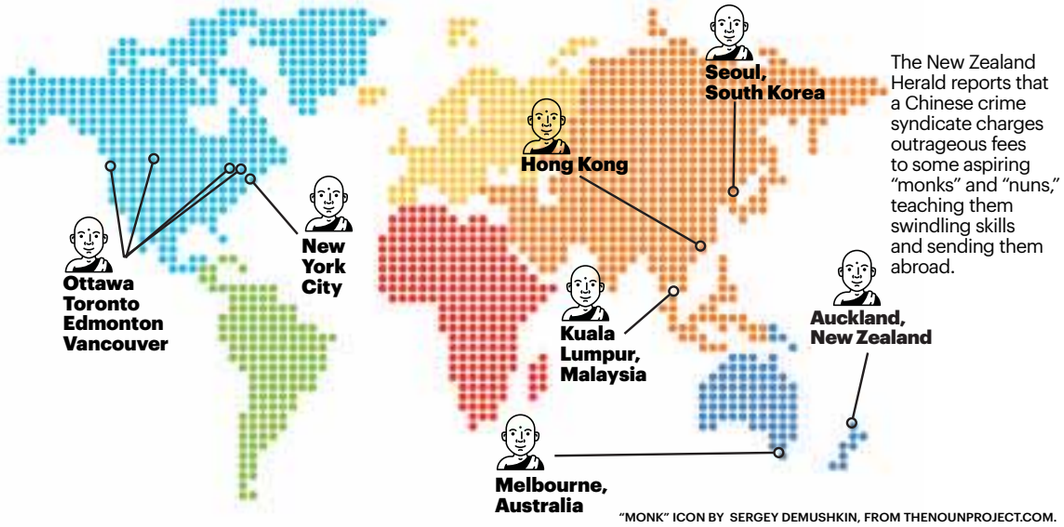
DOLLAR 76.28¢ (-0.31¢)
TSX 14,036.63 (-157.24)
OIL $40.80 US (-$1.82)
GOLD $1,127.90 US (+$11.00)

NATURAL GAS: $2.716 US (+1.2¢)
DOW JONES: 17,348.73 (-162.61)

metro VIEWS
Your essential daily news
Thursday, August 20, 2015

THE BIG THING: BOGUS BUDDHISTS

The routine is suspiciously similar in cities around the world: Men dressed in flowing orange robes approach passersby, slipping a bracelet onto their wrists or handing them a gold-foil token with a garbled platitude like "Work Smoothly Lifetime Peace." Then they demand a donation of $10 or more, sometimes with a story about a temple needing repair. But it's a ruse: Though real monks may accept donations of food, the monastic lifestyle forbids begging. This has spurred speculation about where these not-so-pious panhandlers came from and if their efforts are organized. Here are just a few places where they've been spotted.

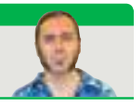


The New Zealand Herald reports that a Chinese crime syndicate charges outrageous fees to some aspiring "monks" and "nuns," teaching them swindling skills and sending them abroad.

"MONK" ICON BY SERGEY DEMUSHKIN, FROM THENOUNPROJECT.COM.

Trophy hunting actually helps lions like Cecil

Gabriel Zarate



If you don't know who Cecil the lion was by now, you've been living in a cave. Actually, even people in caves probably have Internet and know about Cecil, too. But they probably *haven't* been living near lions.

Because in all the international furor over Cecil, who was killed outside Hwange National Park in Zimbabwe in July, one important thing to know about lions has been forgotten: Lions eat people.

It doesn't happen often, but it is a fact of life for people living in countries where lions roam free. In Tanzania, where human population growth has squeezed habitat space for lions and depleted their usual prey animals, 871 people have been killed or wounded by lions from 1990 to 2005, according to the journal Nature.

As such, lions aren't the most popular neighbours. Zimbabwean academic Goodwell Nzou wrote in the New York Times that villagers, armed with machetes and spears, keep children indoors when they know a lion is in town.

"In my village in Zimbabwe, surrounded by wildlife conservation areas, no lion has ever been beloved, or granted an affectionate nickname. They are objects of terror."

Without the protection of the law, lions may be killed or driven out of the area to protect children and livestock.

Many wildlife management experts believe trophy hunting encourages governments to protect lions as assets, rather than allowing villages to exterminate them as pests. According to one 2012 study, a single sport hunt brings $24,000 to $71,000 US into the local economy.

While the international media wrings its hands over Cecil's death, driven by armchair outrage on social media, Africans shake their heads. Sub-Saharan African countries are impoverished compared to the West. Their wilderness is vast, wildlife patrols aren't free and poaching and habitat loss are far more serious threats to animal populations than trophy hunting, according to the International Union for Conservation of Nature.

Contrary to popular wisdom, lions aren't technically endangered. The IUCN Red List lists the lion as "threatened," meaning some populations are thriving while some are not. The major risk to the lion as a species — the reason their population declined 42 per cent from 1993 to 2014 — is primarily habitat loss.

When a rich foreigner spends tens of thousands of dollars on a hunt, it injects that money into national and local economies. Money may be the root of all evil, but try telling that to a Zimbabwean with kids to look after.

The money from trophy hunts helps pay for the salaries and equipment of wildlife conservation officers, who can still be outgunned by poachers serving a multi-million-dollar illegal trade in animal parts. In some countries the income from trophy hunts goes directly to conservation programs.

Trophy hunting indirectly helps preserve habitat for lions and their neighbours — cheetahs, leopards, impala and so many others. Without this commercial incentive, people do what people have done for millennia: Raze the wilderness to create farmland or pasture.

The Twitterverse can bemoan the death of one majestic animal all it wants, but until the crushing poverty in Africa is addressed and defeated, there will always be more Cecils.

Gabriel Zarate is a Toronto-based editor who spent three years reporting from the Canadian North.

ROSEMARY WESTWOOD

metroview

Distancing is easier than dealing with the deeper issues

It's distancing time.

First, for Subway and its sandwiches. Few things were more profitable, once, than a slimmed-down Jared Fogle holding a tuna footlong.

But Fogle is pleading guilty to child-sex and child-porn charges, and child abuse doesn't sell sandwiches.

Subway is scrubbing its image clean — taking down Fogle's picture in restaurants and ending their partnership.

"We no longer have a relationship with Jared and have no further comment," the fast-food giant tweeted on Tuesday.

It found more to say on Wednesday morning, after federal prosecutors released details of Fogle's guilty plea, and the fact he'll pay $100,000 to each of 14 victims.

"Jared Fogle's actions are inexcusable and do not represent our brand's values. We had already ended our relationship with Jared," read a company tweet.

If there's ever a time to agree with a corporation, it's on the count that Fogle's consumption of child pornography and his interstate trips to have sex with minors do not represent Subway's "values".

Then, for Ashley Madison, purveyor of affairs, it's a bit of a different dance. The company is distancing itself from the criminal behaviour of hackers who finally dumped the details of 32 million accounts. (It's always kept a safe distance from the moral high ground.) It's hardly had to defend its security practices, since hacks have become the new norm.

If you're one of Ashley Madison's millions of unmasked affair-seekers, the task of distancing yourself from your scheming self is trickier.

It will mostly be a more private affair — fewer Twitter statements, more head-hanging. Less "We no longer have a relationship" and... well, maybe a bit of that.

Ashley Madison devotees will need to operationalize their "If I'm outed" plans: Delete all traces of attempted or achieved affairs, secure a marriage counsellor, and gently prod friends for a spot on the couch. That's assuming public shaming is kept to a minimum, which might, admittedly, be assuming too much.

For the rest of us, there is the final act of distancing. By indulging in voyeuristic stories of cheating husbands, we don't have to look at the greater dysfunction of a society with million of sexless or bad-sex marriages. By turning a story of child sexual abuse into a story about Subway restaurants, we don't have to look at the greater network of criminals who bring children to men like Fogle.

We have no further comment.

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Your essential daily news

Party of Five star Neve Campbell joins Season 2 of Manhattan

Eating her way through books

VORACIOUS

Turning a love of reading and food into a literary feast

Henrietta Walmark
Metro | Canada

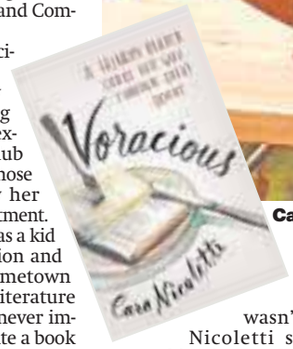
A butcher, a baker, a Yummy Books blog maker — Cara Nicoletti is all that, and the author of Voracious: A Hungry Reader Cooks Her Way Through Great Books (Little, Brown and Company, $34, Aug. 18).

A collection of recipes inspired by literature, Voracious grew out of Nicoletti's blog that in turn was an extension of a book club turned supper club whose popularity outgrew her modest Brooklyn apartment.

Although Nicoletti as a kid wanted to write fiction and moved from her hometown of Boston to study literature at NYU in 2004, she never imagined she would write a book about food.

"To be really honest, I thought my blog would only be read by my family and my closest friends," Nicoletti says. "I never thought it would turn into a book."

Food is important in her family. "My mom's side is Jewish and my dad's side is Italian and both cultures are food obsessed and really love to gather and eat together."



Cara Nicoletti gathered her lit-themed recipes into a memoir. CONTRIBUTED

But it wasn't until Nicoletti started working in New York restaurants to support herself as a student that her appetite for making food became as voracious as her hunger for books.

"It's very physical work that was a nice counterpoint to working with my brain all day. I really looked forward to working with my hands … to see the product of my work in a physical way," says Nicoletti. "I really enjoyed doing the two things at once. I still do."

When asked about food's influence on her life, Nicoletti laughs. "It's everything. All day long, it's on my brain."

"I spent a lot of years wringing my hands over the fact that food is my greatest comfort. Food and books are both my greatest comfort. I'll never be one of those women who gets really worked up and forgets to eat. The older I get the more I realize that this is not only my biggest comfort but the way I understand and experience the world," she says. "I never feel more like myself than when I'm cooking or eating a meal with people that I love."

Nicoletti's joy at being in her element makes Voracious a feast for body and soul. The book unfolds as a chronological memoir: Nicoletti recalls stories from Hansel and Gretel (Gingerbread Cake with Blood Orange Syrup) to Pride and Prejudice (White Garlic Soup) to Gone Girl (Brown Butter Crepes). But it's her ability to recreate her intimate experience of reading books and their role as her muse that makes Voracious a collection to be savoured.

Though some readers might find a couple of the book's recipes a bit unsavoury — Lord of the Flies / Porchetta di Testa (made from a pig's head) and The Silence of the Lambs / Crostini with Fava Bean and Chicken Liver Mousses — Nicoletti has no regrets about including them.

"Some of the most powerful food themes in literature aren't necessarily the most appealing. That doesn't make them any less powerful. Those two recipes are the ones I hope readers will push themselves to try," Nicoletti says. "As a butcher that works with whole animals, I would love for people to challenge themselves to eat things on an animal that they wouldn't normally eat."

INSPIRED BY A JOAN DIDION ESSAY

"Goodbye to All That" Grilled Peaches with Homemade Ricotta

ILLUSTRATION: MARION BOLOGNESI

Makes 6 filled peach halves

- 3 1/2 cups whole milk
- 1/2 cup heavy cream
- 3/4 teaspoon coarse sea salt
- 3 tablespoons fresh lemon juice
- 3 ripe peaches, cut in half and pitted
- 2 tablespoons olive oil, plus more for drizzling
- 2 teaspoons sugar
- Flaky sea salt (such as Maldon), for serving
- Coarsely ground black pepper, for serving

Pour the milk, cream and salt into a large, heavy-bottomed pot and cook over medium-low heat, stirring occasionally, until the temperature reaches 190°F on a candy thermometer. Remove the pot from the heat and stir in the lemon juice. Allow the mixture to sit for 5 to 7 minutes before straining it through a sieve lined with three layers of cheesecloth. Let the cheese drain into a bowl for 1 to 2 hours.

Preheat a grill to medium.

Brush the peaches with the olive oil and dust them lightly with the sugar. Place the peaches, flesh-side down, on the grill and cook until char marks appear, about 2 minutes. Transfer the peach halves to bowls and spoon the fresh ricotta over them. Drizzle the ricotta with olive oil and sprinkle with flaky sea salt and coarse black pepper. Serve immediately.

Excerpted from the book Voracious by Cara Nicoletti. Copyright © 2015 by Cara Nicoletti. Reprinted with permission of Little, Brown and Company, New York, NY. All rights reserved.

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This novel is certain to hold you captive

CLAUDINE DUMONT

Quebec writer finds unlikely source for inspiration

BOOKWORM
Sue Carter

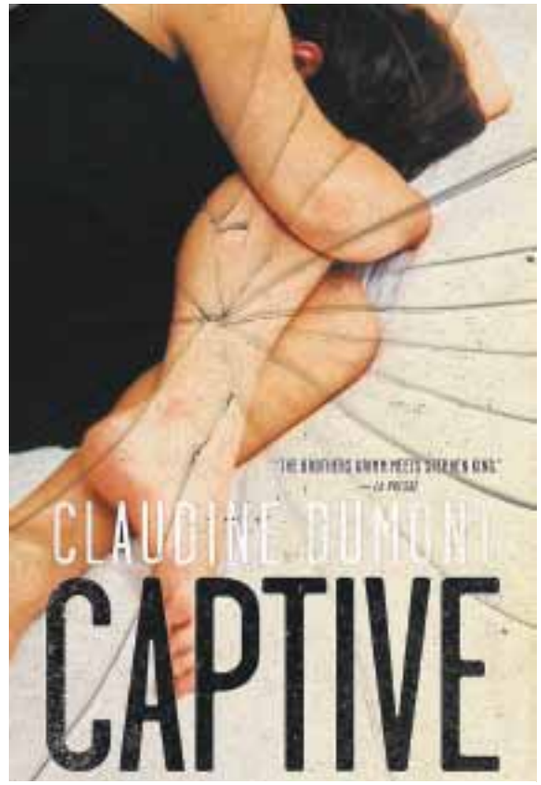
Claudine Dumont is the type of person who makes things happen.

When I catch the Quebec author and photographer by phone, she is covered in drywall dust, constructing the kitchen for Ma Souer et Moi café, a new restaurant in Laval she is opening at the end of the month with her older sister.

The siblings are both high school teachers, a profession Dumont describes as "hard and demanding and not very rewarding." It was Dumont's own teenage ambition — since she was 14 and first read John Irving — to become a writer. After 10 years of literature studies, she published her debut novel, Anabiose, in 2013.

She had two dreams for the book, both of which came true. Weeks after its release in French, she was contacted on Facebook by a producer interested in buying the film rights. The adaptation goes into production early next year. Dumont also dreamt of an English-language version of the novel: Captive is out now with House of Anansi Press, with a translation by Montreal's David Scott Hamilton.

Captive is challenging to describe without giving away the plot details that make it such an exhilarating read.



Captive owes some debt to James Frey's notorious book A Million Little Pieces. HANDOUT

Here's what you should know: Emma, a socially isolated office worker with a thirst for tequila, wakes up in a windowless concrete room with only a mattress and a lamp.

She has no clue who put her there, or how she'll escape. Written in clipped, almost breathless sentences and brief chapters, the suspense and physical action is relentless until the bombshell ending (which admittedly may frustrate some readers.)

Dumont began writing the book, which took her about two months, while between teaching contracts.

"I'm not a very social person. I don't like being around a lot of people," she says. "I like to retreat but the more I retreated, the less I'd see people.

Cutline cutline cutline. PHOTO CREDIT IN SMALL CAPS

"That isolation that Emma experiences is where I was. I was taking my own reality to an extreme."

She was also inspired by an unlikely source: a passage from A Million Little Pieces, the 2003 memoir that got author James Frey booted out of Oprah's book club when it was discovered that he falsified many of its details.

Dumont was struck by the scene in which Frey is about to enter a rehab centre once again. He thinks that maybe this time it will work, and his life will be better.

Dumont says it made her imagine a rehab centre for people who don't know how to live their lives fully — not necessarily for those with addictions.

As all those elements came together, and even before Dumont started writing the manuscript, she knew exactly how the story would conclude. Without giving away any spoilers, she teases, "I was leaning toward a bad ending but I think readers deserve candy at the end. That's what I like when I read."

Sue Carter is the editor at Quill & Quire magazine.

AUTHOR INTERVIEW

When a past lover forgets who you are

Susan Shapiro is used to exposing her heartbreak for the sake of art.

She's written 11 books (some memoirs), including one called Five Men Who Broke My Heart, in which she meets up with her five ex-boyfriends High Fidelity-style asking each one what went wrong.

"I spilled all the secrets of my past love, but there was one story I could never tell," Shapiro tells us. "Until now."

Shapiro's twelfth book, What's Never Said, is about a poetry student who has an affair with her professor. Years later, she attends a book signing he is giving, anxiously awaiting how he will react to seeing her. Only when he does see her, he doesn't remember who she is.

While the book is fiction, Shapiro says it is based on her own life; those exact events happened to her, though she attests the professor in question did in fact know who she was, he just ignored her.

"I freaked out. I literally could not believe it," she says. "I wrote a short fiction piece about it and took it to my writing group. The basic reaction was, 'You should have gotten old and bitter a long time ago because this rocks.'"

"Heartbreak is way more interesting to write about than falling in love," Shapiro says. "It's kind of a funny problem (for me) because I've been extremely happy with the same guy for 25 years, so that's problematic. Luckily he gave me hell early on."

Shapiro, who is a professor at New York University and The New School, encourages her students to use their shameful secrets as writing fuel as well. She regularly assigns her students to write about their most humiliating secret, usually just one class into the semester. "I really don't want to have to wait through 10 weeks of boring assignments," she says. "I want to know who somebody is right away."

The results are astounding.

"In my first class, out of 12 people, eight got published and four got $1,000," she says.

Some of the past topics range from writing about being secretly gay, turning into a jerk after being sentenced to life in a wheelchair, or dating a man accused of raping a Harvard student.

Many of Shapiro's students land book deals and Shapiro talks as excitedly about her students' upcoming published works as her own.

"Now I have a rule where students who get $5,000 or more for a published work they wrote for my class have to take me out to dinner," she says.

We doubt any of them mind.

EMILY LAURENCE FOR METRO NEW YORK

> **Now I have a rule where students who get $5,000 or more for a published work they wrote for my class have to take me out to dinner.**
> Author and professor Susan Shapiro

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GOSSIP BRIEFS

Twilight saga over

We live in an age of reboots and remakes, and movie studios are big fans of making money, so it makes sense that we should be worried about someone relaunching the Twilight series. And Kristen Stewart is apparently all for it — as long as she doesn't have to be in them.

"I was so genuinely, heavily entrenched in that," she tells Uproxx. "It's hard to speak to a five-year period in a few sentences, but I loved doing it. But that doesn't mean I want to keep doing it." NED EHRBAR/METRO

Payne explains

One Direction fans can apparently be a finicky bunch. Case in point: Liam Payne recently introduced a song, Girl Almighty, at a concert with what he thought was an amusing observation.

"This is my favourite song off the last album, and it is about trying to find that No. 1 woman of your life, which none of you can relate to, 'cause most of you are girls," he said.

Fans on Twitter took Payne to task for disregarding same-sex couples. "I am in no way shape or form homophobic," Payne responded. NED EHRBAR/METRO

DIVORCE

Fox and Green over

IN HOLLYWOOD

Ned Ehrbar

This one is kind of a bummer: Apparently one of the coolest married couples in Hollywood is no longer actually a couple.

Megan Fox and husband Brian Austin Green have reportedly split up — and they did it a while ago.

"Megan has separated from Brian," a source tells Us Weekly. "They decided on it six months ago."

Fox and Green have been together for 11 years and married for five. They have two children together — Noah, 2, and Bodhi, 18 months — in addition to Green's 13-year-old son, Kassius, from a previous relationship. They were last spotted in public together on June 9.

HEALTH CARE

Doherty cancer diagnosis

Shannen Doherty is battling breast cancer that worsened during a lapse in her health insurance caused by her former business managers, the actress claimed in a lawsuit filed Wednesday.

The former Beverly Hills, 90210 star claims that her former business managers and accountants mismanaged her money and allowed her health insurance to lapse last year. Because of that, she said she didn't go to the doctor until she had insurance and there was a delay in diagnosing her cancer, which will likely require more drastic treatments, including a possible mastectomy and chemotherapy.

Doherty, 44, received the diagnosis in March and her doctors have said earlier treatment might have stopped its spread, the lawsuit states. THE ASSOCIATED PRESS

O'Donnell's daughter found safe and sound

CHELSEA O'DONNELL

Teen missing since Aug. 11 found hiding in New Jersey

Rosie O'Donnell and daughter Chelsea in 2010. THE ASSOCIATED PRESS/ALL OTHER PHOTOS GETTY IMAGES

Rosie O'Donnell's teenage daughter was "of sound mind and body" when she was found in New Jersey after she left home for a week, police in New York said Wednesday.

Sgt. Daniel Wilson said Chelsea O'Donnell was found by South Nyack police a day earlier in Barnegat, N.J., at the house of a male she was "recently acquainted with." He didn't describe the relationship.

Chelsea declined medical attention, and "she did not appear to be in any mental distress," he said.

She had left the family's home Aug. 11 with a therapy dog, and her mother's concern was intensified because she had not been taking needed medication. Chelsea suffers from mental illness, according to her mother's spokeswoman, Cindi Berger.

Rosie O'Donnell lives in South Nyack, about 40 kilometres north of New York City, and police there had been involved in searching for Chelsea since Aug. 16. In the interim, Chelsea made contact with third parties, so police "didn't believe that there was any immediate danger," Wilson said.

South Nyack police informed Barnegat police on Tuesday that they believed Chelsea was there. Police went to the residence and although the person answering the door initially did not want to reveal Chelsea's presence, police said they would not leave until she came out. She then appeared and willingly left with police.

Wilson said Rosie O'Donnell was co-operative and involved authorities because "several days had gone by and she wanted her daughter back."

O'Donnell also issued a statement and tweeted Tuesday that her daughter was missing, appealing to the public for help. "It has been a difficult road for Chelsea and her family and they just want her back safe," Berger had said. THE ASSOCIATED PRESS

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metro HOME
Your essential daily news
Thursday, August 20, 2015

What they're a$king

With the cost of single-family homes on the rise in Canada, the townhome is an economical alternative to first-time purchasers looking to get into the market, while offering more living space than a conventional condo. Check out this great selection of newer and brand new, two-bedroom townhomes. **Duncan McAllister** FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING.

$294,900

Calgary

Here's a townhome at 177 Rainbow Falls Manor, located in Chestermere, just east of Calgary. The open floor plan offers a spacious living room, dining area and ample kitchen. The main floor also has a two-piece bathroom. The upper level offers a loft, a four-piece bath and two large bedrooms. The lower level is fully-finished with a family room, a two-piece bath, laundry room and storage area. The property is close to walking paths, schools, shopping and other amenities. Listing agent Tim Lind is a sales representative for RE/Max Real Estate, Mountainview, 403-333-0837.

$279,900

Halifax

Here's a new townhome at Waterberry Park in Bedford, N.S. Amara Developments is offering a two-bedroom design that's ready for move-in. The units feature detailed exterior elements, in brick, stone and wood, and are finished with hard-surface flooring and stone countertops. The main floor has oversized windows and nine-foot ceilings. There's a top-floor laundry and a two-toned, hardwood staircase throughout the home. Listing agent Jeff Kielbratowski is a sales representative with Royal LePage Atlantic Realty, 902-877-1787.

$399,900

Winnipeg

Located in the Royalwood neighbourhood, this open-concept, executive-style condo townhome was built in 2014. The unit features an open-style great room with large windows, a large kitchen with stainless steel appliances and granite counters, maple hardwood floors and patio doors leading out to a large, sunny deck. The master bedroom has a walk-in closet and ensuite bath, and a second bedroom with full bath and walk-in shower. Listing agent Dave Heinrichs is a sales representative with Royal LePage Dynamic Real Estate, 204-479-9222.

$298,000

Ottawa

For sale is this stacked condo townhome in Elmvale Acres, with 1,012 sq. ft. of open-concept living space. The corner unit has lots of upgrades including hardwood on the main floor, custom blinds, granite countertops, a breakfast bar and appliances. There are two bedrooms on the lower level and a balcony off the living room. The unit is located close to downtown, transit, shopping and hospitals, with parking right outside the door. Listing agent Kerry Millican is a sales representative with Royal LePage Team Realty, 613-290-2990.

$709,000

Vancouver

This new, two-bedroom unit in the Kitchener Mews is one of 10 new townhouses built by a premier Vancouver builder. The unit features 1,000 sq. ft. of living space, and listing agent Dale Mounzer says that the homes boast solid construction and well-designed living spaces, situated in one of the city's most sought-after areas. Just 10 minutes from the downtown core, the property boasts a walk score of 98. All homes include secure, underground parking and storage lockers. Mounzer is an associate with Macdonald Realty Ltd., 604-689-5115.

$289,800

Toronto

Here's an open-concept design with a modern layout, located in the east-end neighborhood of Victoria Village. The two-bedroom townhome has extra-high ceilings, a split-bedroom layout, a large kitchen and front terrace with barbecue area. Listing agent Ira Jelenik says that thousands have been spent on upgrades, including floors and appliances. The unit is located in a family-friendly neighborhood close to transit, shopping, schools and parks. Jelenik is an associate with Harvey Kalles Real Estate Ltd., 416-441-2888.

$389,800

Edmonton

This three-storey townhome in the Serenity Gardens community is a modern, 1,539-sq-ft. unit with two bedrooms, a den and a loft. The home features espresso-coloured hardwood flooring on the main level, dark wood cabinetry, a kitchen island with an eating area and stainless steel appliances, which are all included, as well as a gas barbecue hookup. The property is in an excellent location in Pleasantview, minutes to Southgate, the university, and downtown. Listed by Darlene Strang, an associate broker with RE/Max Real Estate, 780-908-3131.

Illuminate your studies

DESIGN CENTRE
Karl Lohnes

School's back soon. Make the most of your school year (and dorm room) by adding a chic desk lamp to your study space. Here are a few that will brighten your room and illuminate your decor.

1 4040 Locust Teeny Table Lamp
Create a reading space anywhere by clipping to your desk, headboard or table. $39, UrbanOutfitters.com

2 Equip Your Space Architect Desk Lamp, Aqua
Light your studies at any angle. $40, BedBathAndBeyond.ca

3 Pillar Desk Lamp
This Paul Isabella-designed lamp is a mixture of concrete and black aluminum at its best. $179, CB2.com

4 Ceramic Owl Table Lamp, White
For those who pull all-nighters: Someone's watching. $25, Walmart.ca

5 HARTE LED Work Lamp
Bend your light anywhere and draw power from your computer or an ordinary outlet. $17, IKEA.com

6 Atelier Table Lamp
Mixed metal, wood and a shade for a modern, warm glow. $130, Structube.com

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Not applicable with any other promos or previous orders. Some exceptions may apply, inquire with retail sales staff.
Discounts only available on retail orders, all other flooring departments are not included in sales promotion.

3 PIECES TO GIVE YOUR HOME THE MIDAS TOUCH

Gold-dipped decor is right on trend. These items give a room glamour without looking over-the-top.

EMILY LAURENCE/METRO IN NEW YORK CITY

1 Honey hued

A beehive-inspired decanter will be the centrepiece of your bar cart. $40 US, One Kings Lane

2 Silverware that shines

Silver and gold utensils match any dining set. $38 US, Anthropologie

3 Vases add variety

Brighten up your living room with a vase with a sunny streak. $35 US, Brit + Co

2014 third-overall pick Joel Embiid is expected to miss a second straight season after foot surgery

Jays' run could see another baseball boost in Canada

VIEW FROM THE 300S

Andrew 'Hustler' Paterson

As August creeps along in to fall, one sports story this month has captivated Canadians from coast to coast. Baseball is back, and in a big way, thanks to the resurgent Toronto Blue Jays.

While the new-look Jays keep winning games and turning heads, the bandwagon has grown in record time and now resembles the fanatical levels of the early '90s when the Jays were back-to-back World Series champions in 1992 and 1993.

You can't walk anywhere in Winnipeg for 10 minutes without seeing somebody wearing Jays gear or overhearing people discuss the team and its playoff hopes. This seems to be the case everywhere in the country as Jays TV, radio and merchandise numbers are smashing records on a daily basis.

The Jays were a good but flawed team, hovering around the .500 mark as the team headed towards the MLB trade deadline. They could hit the cover off the ball and score runs better than anyone else in the majors, but didn't have the pitching to compete with the best. Many were calling for the head of GM Alex Anthopolous before he pushed his chips all-in and made some of the most aggressive moves ever seen at the deadline.

Catcher Russell Martin loses the ball trying to tag Odubel Herrera during Wednesday night's 7-4 loss in Philadelphia. The Jays fell two games back of the Yankees with the loss .

DREW HALLOWELL/GETTY IMAGES

The addition of an ace, David Price, and a revamped bullpen came at a time when the Jays pitchers were all starting to find their groove. Add in Troy Tulowitzki and Ben Revere, and all of a sudden the Jays ripped off 11 straight wins and became betting favourites for the 2015 World Series.

The resurgence of the Toronto Blue Jays as a legitimate playoff contender has made these dog days of summer the most exciting in two decades for long-suffering baseball fans north of the border. And more importantly for the Jays and baseball in Canada, the run seems to have turned on a lost generation to the team and the sport.

Currently the 22-year playoff drought is the longest in all four major North American professional sports. A new generation of Canadian fans are experiencing something they have never been a part of before and they can't get enough.

The potential is there for this run by the Jays to have a much larger effect on the sport than just in southern Ontario. It's no coincidence that our own Winnipeg Goldeyes began play in 1994 coming off the heels of the Jays' two World Series wins, not to mention the influx of young Canadian stars to the majors in the 2000s.

So 2015 has been the summer of the Jays. If the on field success continues into fall, the hysteria of the early '90s championships may seem tame in comparison.

NFL

Judge says Brady's suspension could be scrapped

Tom Brady might have reason to practice more intensely after a federal judge made clear Wednesday that the NFL's four-game suspension of the New England Patriots quarterback over "Deflategate" is in jeopardy.

U.S. District Judge Richard M. Berman, who's been asked by NFL Players Association to void the suspension, warned a league lawyer during oral arguments that there was precedent for judges to toss out penalties issued by arbitrators in the scandal over underinflated footballs.

Berman continued to push for a settlement in the dispute — a potential result he called "rational and logical." But throughout the hearing, he also cited several weaknesses in the way the NFL handled the controversy that could become the basis for handing a victory to Brady.

After the hearing, Berman met behind closed doors with both sides for more than an hour before the lawyers left court, saying the judge asked them not to discuss the negotiations publicly. If there is no deal, the Manhattan judge has said he hopes to rule by Sept. 4, six days before the Patriots host the Pittsburgh Steelers in the NFL's season-opening game.

DISPUTE

Judge Berman questioned Goodell's defence of the Brady punishment on the grounds that it was comparable to penalties on players caught using performance enhancing drugs.

Neither Brady nor NFL commissioner Roger Goodell was in court Wednesday. Brady returned to Patriots practice after participating in negotiations with Goodell a day earlier.

The league announced in May that it was suspending Brady over allegations he conspired with two Patriots equipment employees to deflate footballs below what league rules allow to give him a competitive edge in New England's victory over the Indianapolis Colts in January's AFC championship game. Goodell, who by contract can act as an arbitrator for labour disputes, upheld the suspension, touching off the legal battle.

THE ASSOCIATED PRESS

New England's Tom Brady

STEVE HELBER/THE ASSOCIATED PRESS

IN BRIEF

Phillies top Blue Jays with trade drama looming

Rookie Aaron Altherr homered, doubled and drove in three runs and Adam Morgan pitched seven strong innings to lead the Phillies to a 7-4 victory over the Toronto Blue Jays on Wednesday night in Philadelphia.

Jeff Francoeur and Andres Blanco also homered for Philadelphia, which snapped a four-game losing streak.

Chase Utley was not in the starting lineup but was in uniform in the Phillies dugout. The Dodgers and Philadelphia reportedly were working out a deal on Wednesday that would send the six-time All-Star second baseman to Los Angeles.

THE ASSOCIATED PRESS

Sailing body won't test Rio Olympic waters for viruses until WHO says necessary

Sailing's world governing body said Saturday it does not plan to conduct viral testing in Rio de Janeiro's polluted Guanabara Bay, the venue for sailing and wind surfing at next year's Olympics.

Dr. Nebojsa Nikolic, top medical official for the International Sailing Federation, told The Associated Press "we will certainly not do this" until the World Health Organization comes out with what he called a "firm statement."

The issue of increased testing for Rio's polluted waterways has drawn attention since an independent five-month analysis by AP published July 30 showed dangerously high levels of viruses from human sewage at all Rio Olympic water venues.

THE ASSOCIATED PRESS

Spurs legend Duncan wins Twyman-Stokes award

San Antonio Spurs forward Tim Duncan has been named the Twyman-Stokes Award winner given annually to the NBA's teammate of the year.

A panel of NBA stars from the past nominated a panel of six candidates. Then nearly 300 active players voted for the winner.

THE ASSOCIATED PRESS

Greg Bird drove in four runs on Wednesday in New York. AL BELLO/GETTY IMAGES

Bird in Yanks' hands worth 2 out of yard

MLB

Bronx Bombers sweep 3-game series vs. Twins

WEDNESDAY In N.Y.

4	3
YANKEES	TWINS

Greg Bird shrugged his shoulders a few times, gave a bashful smile or two and talked about how he's just honoured to be helping his Yankees teammates. Nothing seemed to phase this 22-year-old rookie.

Not even those two soaring homers he hit in his fourth big-league start.

Bird hit a pair of two-out, two-run drives Wednesday, supporting an overpowering effort by Nathan Eovaldi and leading the New York Yankees to a 4-3 victory over the Minnesota Twins for a three-game sweep.

"His composure. You feel like he's been here already six months," teammate Chase Headley said. "He's very calm."

Eovaldi (13-2) did not allow a baserunner until Chris Hermann singled with one out in the sixth. Topping 100 m.p.h. on the scoreboard radar a handful of times, Eovaldi was touched for three runs in the inning when he lost command of his secondary pitches.

In seven electric innings, Eovaldi gave up four hits and struck out eight. He walked three in improving to 8-0 in his last 11 starts since June 20.

Dellin Betances pitched a perfect ninth for his eighth save for the AL East leaders, winners of six of seven.

Called up from Triple-A on Thursday, Bird has been in the lineup since replacing Mark Teixeira on the field Monday night after the switch-hitter fouled a ball off his right shin. He connected twice off Ervin Santana, who fell to 0-8 in his last 11 starts against New York.

"This whole week's been crazy," Bird said, "but at the end of the day I'm just trying to do my job here, nothing more nothing less." THE ASSOCIATED PRESS

New BoSox president: I won't 'blow up' team

New Red Sox president of baseball operations Dave Dombrowski thought enough of the team to pick Boston over other suitors.

Now he's going to spend the next six weeks trying to figure out what's worth keeping — in the front office, on the field at Fenway Park and in the minor leagues.

"I'm not here to blow up the organization," Dombrowski said at a Fenway Park news conference on Wednesday, a day after he was hired. "They have a lot of good people here."

Speaking to reporters a day after a mid-game shakeup that left general manager Ben Cherington on the outs, Dombrowski said he would be hiring a general manager but was in no rush. He did not discuss the future of manager John Farrell, who is on leave from the team after being diagnosed with what he said was a treatable form of cancer. THE ASSOCIATED PRESS

DOWN YEAR

Boston entered Wednesday with a 53-66 record, 14 games behind rival New York in the AL East.

MRI shows Puig has strained hamstring

Los Angeles Dodgers right-fielder Yasiel Puig underwent an MRI exam on his injured right hamstring Wednesday that showed a mild strain, and the medical staff doesn't expect him to need a stint on the disabled list.

Puig was held out of the lineup for the NL West-leading Dodgers in their Wednesday afternoon interleague finale against the Oakland Athletics — a 5-2 loss — and with Thursday's off day will have two full days of rest. The hope is he will test out his leg Friday at Houston and play sometime during the weekend series against the Astros.

Yasiel Puig GETTY IMAGES

Puig was injured again just as he got on a nice roll. He has hit safely in six of his last seven games, batting .333 with two home runs, a triple and six RBIs since Aug. 11. He is hitting .250 with 10 homers and 35 RBIs in 72 games overall. THE ASSOCIATED PRESS

IN BRIEF

NBA names Duncan teammate of the year

Tim Duncan has given up millions in salary to give the San Antonio Spurs the cap space needed to re-sign teammates and add players such as LaMarcus Aldridge. And Duncan has deferred offensively to teammates like Tony Parker and Kawhi Leonard despite averaging 19.5 points over his 18-year career.

He has made those sacrifices, both financial and statistical, in pursuit of championships, not individual awards. But the NBA gave him one anyway. Duncan's peers awarded him the Twyman-Stokes Teammate of the Year award on Wednesday. THE ASSOCIATED PRESS

Stamps' Johnson, Lions' Bazzie fined by league

The CFL fined defensive linemen Micah Johnson of the Calgary Stampeders and Alex Bazzie of the B.C. Lions on Wednesday for hits they delivered in games last weekend.

Johnson was fined for a low hit on Ottawa Redblacks quarterback Henry Burris while he was in the passing position.

Bazzie was disciplined for lowering and leading with the crown of his helmet on a tackle in a game against the Hamilton Tiger-Cats.

As per league policy, the amount of the fines was not disclosed. THE CANADIAN PRESS

LPGA

Henderson's hockey years helpful in golf

Brooke Henderson believes the time she spent between the pipes growing up can give her a big assist this week as she tries to become the first Canadian in more than 40 years to win Canada's national women's golf championship.

Before she turned to golf Henderson was a hockey goaltender. The 17-year-old from Smiths Falls, Ont., will take some of the mental toughness she learned on the ice into this week's $2.25-million US Canadian Pacific Women's Open.

> **"I'm pretty far from my home but still in Canada with all the Canadian support and fans."**
> Brooke Henderson

"To be a goalie you have to be a little bit strange, a little bit odd," said Henderson, prompting laughs during a news conference. "I think that has really helped me along the way mentally preparing for not only professional golf, but golf in general.

"A shooter coming down on you, and you have a one-goal lead, it's a lot of pressure. The whole team is counting on you. It's the same when you have a three-foot birdie putt to win a championship or make the cut. It's the same kind of pressure."

Henderson was thrust into the spotlight this week after winning her first LPGA event with an eight-stroke victory Sunday at the Cambia Portland Classic. That made her the first Canadian to win an LPGA event since Lorie Kane of Charlottetown in 2001. She also is the Tour's third-youngest champion ever at 17 years 11 months six days.

The win prompted the LPGA to grant Henderson full membership on Tuesday, meaning she won't have to play Monday qualifying tournaments for the rest of the season. THE CANADIAN PRESS

Brooke Henderson is the third-youngest LPGA Tour event winner ever. JONATHAN FERREY/GETTY IMAGES

RECIPE Grilled Chicken with Corn Salsa

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 15 minutes
Cook time: 25 minutes
Serves 6

Ingredients
- 1/2 cup barbecue sauce
- 3 Tbsp cider vinegar
- 1 Tbsp molasses
- 1/4 tsp hot pepper sauce
- 1 1/2 lb boneless skinless chicken breasts
- 1/2 cup canned corn kernels, drained
- 1/2 cup diced red bell pepper
- 1/2 cup canned black beans, drained and rinsed
- 1/4 cup chopped green onion
- 3 Tbsp chopped cilantro or parsley

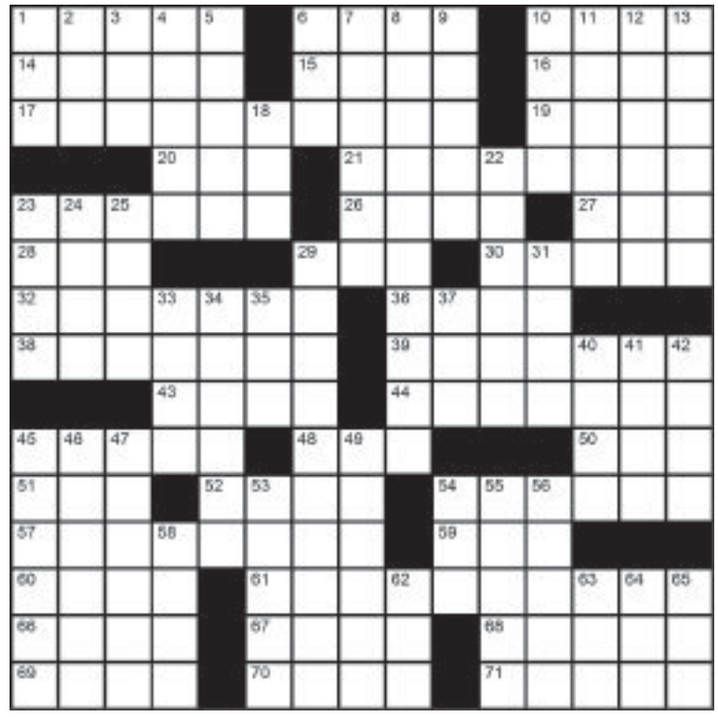
Directions
1. Whisk the barbecue sauce, vinegar, molasses and hot pepper sauce in a bowl. If you have time, marinate the chicken in the sauce for at least 30 minutes. Cover with plastic wrap and refrigerate.
2. For the salsa, spray a non-stick skillet with cooking oil. Place over medium heat, and sauté the corn and red pepper until the corn begins to brown, about five minutes. Stir in the beans, onion and cilantro. Set aside.
3. Remove the chicken from the marinade, and set the marinade aside in a small saucepan.
4. Preheat the barbecue or a non-stick grill pan to medium and spray with cooking oil. Cook the chicken over medium-high heat for 10 minutes per side, or until temperature reaches 165 F.
5. While the chicken is cooking, bring the reserved marinade to a boil and boil for five minutes. Serve the chicken with the sauce and salsa on the side.

Nutrition per serving
- Calories 205
- Protein 28 g
- Carbohydrates 16 g
- Total fat 2 g
- Cholesterol 66 mg
- Sodium 270 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Comp. help givers
6. Falls asleep, with Off
10. Cobbler's tools
14. "The Good in Everyone" band from Halifax
15. Catch
16. Decoy
17. Narrow escape: 2 wds.
19. Being
20. Ink-on-skin pic
21. Material used for making mechanical toys back in the olden days
23. Crossword's friend
26. Un-evens
27. "The Fresh Prince of __-Air"
28. William Tell's canton
29. For
30. Risky/complicated
32. Pasta dish
36. Laboratory bottle
38. Level/squash
39. Towards the middle
43. Partner of Pete and Julie on 1968 to 1973 series "The Mod Squad"
44. Formal surrendering, as of territory
45. Jiggly dessert
48. Informally seat the theatre-goers
50. Air Supply's "Just __ Am"
51. Disney deer
52. Waistcloth
54. Sculpting hammer
57. Like the sound of chalk on the board
59. Lacto-__ vegetarian
60. Plug away
61. Wildlife park attraction near Hamilton, African __ __
66. Wax-coated cheese
67. Ms. Skye of "Say Anything..." (1989)
68. Work the fashion runway
69. Soaks flax
70. Tire: French
71. Uses the keyboard

DOWN
1. QVC equivalent in Canada
2. Building wing
3. Dove's murmur
4. Must: 2 wds.
5. __ preview (Special movie showing)
6. __ degree
7. Speechmaker
8. Lolita __ (London, Ontario born actress of 1998's "Gods and Monsters")
9. Fork out
10. Eden offspring
11. Sushi condiment
12. One putting a home on the market, say
13. __-eyed gaze
18. After-R trio
22. "Fiddlesticks!" and "Poppycock!"
23. Jan & Dean's "__ City"
24. __ Mountains (Range in Russia)
25. Canadian fashion makeover show, "__ on a Dime"
29. __ Cactus (Plant found in southern parts of the Prairies, it looks like an item in a sewing kit)
31. Sigher's word
33. "__ do." (This will suffice)
34. Futile
35. "1-2-3" singer Mr. Barry
37. 'Serpent' tail?
40. Currency in Oman
41. Medicine amount
42. Huffy-puffy mood
45. Royal court entertainer
46. Make the message secret
47. Cowboy's corraler
49. George Harrison, as a Beatle = The __ __
53. At __ (All at once)
54. Rap artist, __ Def
55. Stop, in sailing
56. Elevated
58. Tree types
62. Modern, in Munich
63. Alsatian artist Jean
64. 'Street' in Montreal
65. TGIF part

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may not change your opinion often but when you do you really do — it's more a transformation than an adjustment — and that will happen today. You will be a totally different, and better, person come morning.

Taurus April 21 - May 21
Is it possible to have too much of a good thing? You will get everything you desire today, plus a few things you didn't eveb know you wanted.

Gemini May 22 - June 21
No matter how much you want to help other people, you must help yourself first. What good will you be to others if you are constantly worrying about paying the bills? Financial security must come first.

Cancer June 22 - July 23
Today marks an ending of some sort. The good thing about endings is that they make new beginnings possible, so don't get upset if you have to say goodbye to something you cherish.

Leo July 24 - Aug. 23
Aim high and refuse to accept second best. That applies especially to relationships. If you forget everything else over the next 24 hours at least remember the three Ls: Love, laugh and learn.

Virgo Aug. 24 - Sept. 23
Travel plans could be disrupted but there is no point getting angry about it. If you find yourself stranded, just look around a bit and admire the scenery.

Libra Sept. 24 - Oct. 23
You may find a colleague unusually obstructive today, but don't cross them off your list yet because the planets suggest it is not their fault. They too are coming under pressure from people further up the hierarchy.

Scorpio Oct. 24 - Nov. 22
There is no point trying to run away from your problems. The more constructive part of your nature knows it must face them head on. Life may be tough but you can be tough too.

Sagittarius Nov. 23 - Dec. 21
Someone will come to your rescue and do what has to be done with no questions asked and no thought of reward. You should be grateful to have friends as good as this.

Capricorn Dec. 22 - Jan. 20
You need to make up your mind and choose between equally appealing alternatives. Don't fall into the trap of thinking that you can have it both ways because most likely you will end up with nothing.

Aquarius Jan. 21 - Feb. 19
You are holding on too tightly and strangling the life out of a situation that needs a lighter touch. You don't have to be master of all you survey. You only have to master yourself.

Pisces Feb. 20 - March 20
You will be generous today and others will be generous back. Look past superficial differences and realize that we are all very much the same under the skin.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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		6		7		5		
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4		3	2					
1	8		6					

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